



## SWIMMING & SNORKELING

In order to safely enjoy these activities, the following safety guidelines are to be observed:

- Do not swim between the 2 jetties in front of Bonthi Bar. This area is exclusively for boat traffic.
- Do not swim any further than the beginning of the Duniye Spa or the Asian wok. The current is much stronger at both ends and there is no Lifeguard on duty.
- You must enter or exit the reef from the designated points. They are marked with an orange buoy.
- Safety rings are no indication for entering or exiting the reef.
- Do not swim over the corals. You might cut yourself or break the corals; they are extremely sensitive.

There is always current in the lagoon, the direction and strength are affected by the season, wind, weather, tides and other factors.

- It is best to check the direction and strength of the current before entering the water.
- It is best and required to always swim or snorkel with a buddy.
- It is best to know your physical limits and to not to exceed them.
- It is best to stay within sight of the shoreline. Do not cross the channels to swim to other Islands / Reefs as currents may change and it is prohibited under the Maldivian marine safety law.
- It is best not to enter deep water, unless you are an experienced swimmer.
- It is best not to swim in the lagoon at night unless you are on a guided tour.
- If you find yourself in a strong current, it is best not to tire yourself by trying to swim against it, rather, swim diagonally across it until you reach the shore.
- If you need help, call or wave and we will send a rescue team your way.
- If you are not a confident swimmer, we recommend the use of a life jacket. Life jackets are available at the Water Sports Center.

For best snorkeling experience, we recommend to follow the Vilamendhoo snorkeling trail, located in the lagoon on the northern and southern sides of the island. A map of the snorkeling trail is placed at the Reception and other strategic locations around the island.

Please follow the information on the beach warning signs, which are strategically placed at locations around the island's beaches.

### Night Snorkeling

**Unguided night snorkeling is prohibited for safety reasons between Sunset and Sunrise!**

The Dive Centre organizes a guided night snorkeling trip. If interested, you may visit Euro-Divers or contact them at extension 251.